Student Government senate.truman.edu



Lower Level Student Union 100 East Normal Avenue Kirksville, MO 63501-4221

Executive Order

WHEREAS.

- The Student Government is the official governing body of the Student Association and exists to represent the present and long term best interest of the Student Association in the formulation of the University policy and in the fulfillment of the University mission; and
- Health, wellness and safety is important to psychological, emotional, physical and academic development; and
- It is important that health, wellness and safety be taken seriously throughout Truman State University's campus by practice and through furthering education; and
- One in ten college students has made a plan for suicide with more than 1,000 suicides on college campuses per year, and suicidal thoughts are most prominent between ages 18 to 25¹; and
- According to the Anxiety Disorders Association of America, Major Depressive Disorder is the leading cause of disability in the U.S. for ages between 15 and 44.3; and
- 2.2 million people are impacted by Obsessive-Compulsive Disorder (OCD) and 6.8 million adults in the United States are affected by Generalized Anxiety Disorder (GAD)²; and
- According to the American College Health Association National College Health Assessment from spring 2012, over 40% of male college students and over 30% of female college students are considered Overweight, Class I Obesity, Class II Obesity, or Class III Obesity³; and
- In the last 12 months, 50% of college students who drank alcohol reported one or more of the following: did something they later regretted, forgot where they were or what they did, got in trouble with the police, someone had sex with them without consent, had sex with someone without consent, had unprotected sex, physically injured themselves, physically injured another person, seriously considered suicide⁴; and
- 23.9% of college students reported driving after having any alcohol in the last 30 days in a report taken from 2012⁵; and
- Truman State University currently does not have Athletic Trainers present at Club Sports games; and
- There were an unfortunate amount of concussions throughout Truman Athletics in the 2014-2015 academic year; and
- It is critical that health, wellness and safety be examined and improved throughout Truman's campus.

http://www.emorycaresforyou.emory.edu/resources/suicidestatistics.html

²http://www.adaa.org/about-adaa/press-room/facts-statistics

³ http://www.acha-ncha.org/docs/ACHA-NCHA-II_ReferenceGroup_ExecutiveSummary_Spring2012.pdf ⁴ lbidem.

⁵ Ibidem.

THEREFORE BE IT RESOLVED,

- That I, Molly Turner, President of the Student Association, by virtue of the authority vested in me by the Constitution and Standing Rules of the Student Government, do hereby issue the following directives to the Health, Wellness and Safety Ad Hoc Committee of the Student Government; and
- The Committee will work to address awareness and education concerning health, wellness and safety by
 working with other organizations who are interested in making a positive difference in these matters on
 Truman State University's campus.

Respectfully submitted on this 26th day of April, 2015,

Molly Ann Turner

President of the Student Association